

Our Clinic in Overview ...



Dr Stavros I. Stavridis
Orthopaedic and Spine Surgeon
Head of the "Spine and Scoliosis Clinic"
of "St. LUKE'S" Hospital

Dear patients,

Welcome to the "Spine and Scoliosis Clinic" of "St. LUKE'S" hospital.

Our philosophy ...

A patient suffering from a spine problem often feels fear and insecurity. He does not know exactly what is going on, he was just told that "he would become paralyzed if he was not operated".

Therefore, our priority is to set **the accurate diagnosis of the problem and to offer the patient all treatment options – operative and conservative** – and to explain all the advantages and disadvantages of each treatment option. We do believe that this is particularly important, so that the secure feeling patient without fear and with knowledge is able to actively participate in the selection and planning of the therapeutic concept that best suits his wishes and needs.

In our hospital, the **most modern medical infrastructure and technology** is made available to our patients and combined with **our experienced and highly specialized personnel** constitute the prerequisite for **the adequate diagnosis and successful treatment** of spinal problems.

Furthermore, we place great value on the close co-operation with experts from other specialties in order to achieve the best possible treatment of the entire pathology.

Our range of services comprises the diagnosis and treatment – conservative and operative – of spinal pathologies in children, adolescents and adults, according to the most modern standards. In detail:

- **Stabilization- and Decompression operations** in spinal trauma, spinal degenerative disease, spinal tumors and spinal infections
- **Minimal invasive / percutaneous (MIS) stabilization operations**
- Minimal invasive stabilization and reduction of vertebral osteoporotic fractures with use of bone cement (**Kyphoplasty, Vertebroplasty**)
- **Operations for deformity correction** in children, adolescents and adults (Scoliosis, Kyphosis, Spondylolisthesis, posttraumatic and postsurgical deformities)
- **Microsurgical operations** for disc herniations and spinal Stenosis
- **Diagnostic spinal biopsies**

- **Therapeutic infiltrations / injections** (nerve root blocks, facet blocks, SI blocks) in the spine for treating back and leg pain
- **Diagnosis, follow-up and conservative treatment of idiopathic scoliosis (*bracing*)**
- **Multimodal conservative therapy concept** for chronic spinal conditions
- **Treatment of chronic postoperative back pain**
- Detailed and highly specialized **expert's reports and consultancies** in the subjects of spine and orthopaedics (**in English, German, or Greek**)
- **Acquisition of a "second opinion"** for very rare or complex cases, from highly specialized European Spine Centers



Your personal notes ...

“Tips and Tricks” for your first visit:

Dear patients,

The following tips aim to simplify your visit and make it more effective:

- 1) Please plan your time schedule for your visit to our clinic. It is important, that especially in your first visit, we have **plenty of time** to acquire a detailed history, perform a thorough clinical examination, review and evaluate prior examinations and answer all your questions and concerns.
- 2) Please do not forget to bring with you **all your prior examinations** (x-rays, CT scans, MRI scans, laboratory tests, etc) even if they appear to be unnecessary at first sight.
- 3) Please do not forget to bring with you your **health card**, your social security number (**AMKA**), possible implant passes, medical letters and a list with all your medication.
- 4) Please make **in advance some thoughts and take notes about questions** you would like to ask and things you would like us to discuss.
- 5) Please prefer clothes that would help the clinical examination.

Find us ...

An appointment in advance is needed for your visit.

For appointments: **2310 380000**

For every question or issue

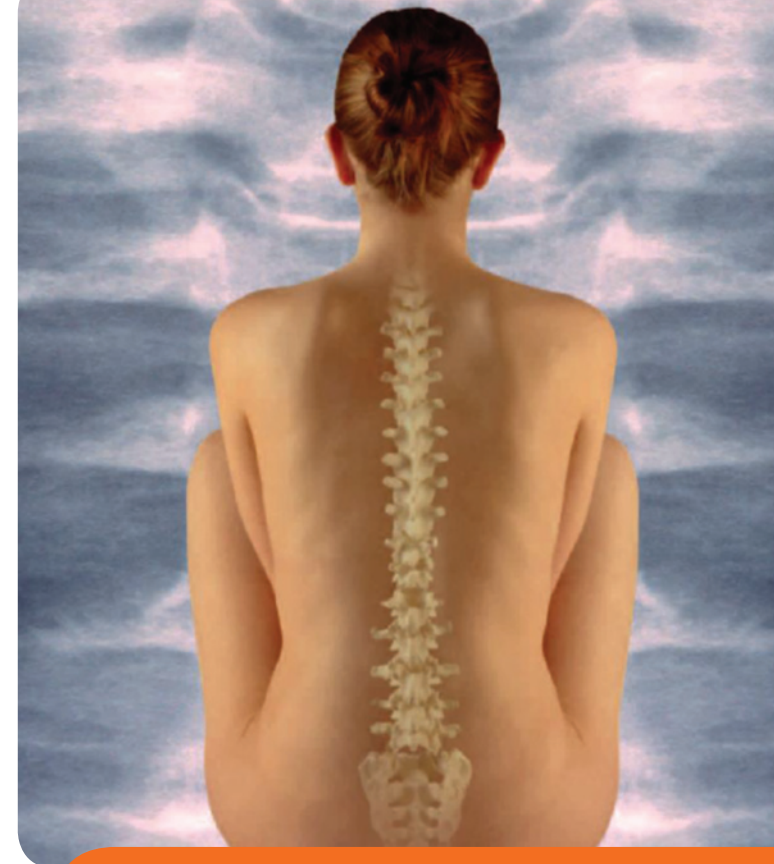
please contact us under

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